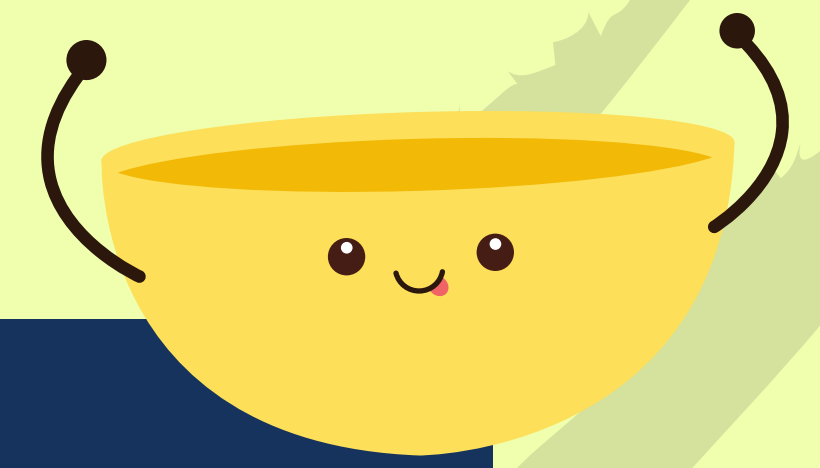


January Breakfast Menu



Monday

3 Strawberry Cream Cheese Filled Bagel
Fresh Mixed Fruit
1% Milk

10 Mini Pancakes Syrup
Fresh Mixed Fruit
1% Milk

17 NO SCHOOL

24 Blueberry Muffin
Strawberry Banana Yogurt
Fresh Mixed Fruit
1% Milk

31 Blueberry Muffin
Strawberry Banana Yogurt
Fresh Mixed Fruit
1% Milk

Tuesday

4 Jumpstart Kit with Cereal
Crackers & Juice
Fresh Mixed Fruit
1% Milk

11 Choice of Cereal
Cheese Stick
Fresh Mixed Fruit
1% Milk

18 Apple Frudel
Fresh Mixed Fruit
1% Milk

25 Choice of Cereal
Cheese Stick
Fresh Mixed Fruit
1% Milk

Wednesday

5 Mini Eggo Waffles
Syrup
Fresh Mixed Fruit
1% Milk

12 Mini Pancakes Syrup
Fresh Mixed Fruit
1% Milk

19 Jumpstart Kit with Cereal
Crackers & Juice
Goldfish Graham Crackers
Fresh Mixed Fruit
1% Milk

26 Mini Pancakes Syrup
Fresh Mixed Fruit
1% Milk

Thursday

6 Banana Chocolate Loaf
Fresh Mixed Fruit
1% Milk

13 Plain Bagel
Cream Cheese
Fresh Mixed Fruit
1% Milk

20 Cinnamon Cream Cheese Filled Bagel
Fresh Mixed Fruit
1% Milk

27 Plain Bagel
Cream Cheese
Fresh Mixed Fruit
1% Milk

Friday

7 Choice of Cereal
Cheese Stick
Fresh Mixed Fruit
1% Milk

14 Banana Muffin
Fresh Mixed Fruit
1% Milk

21 Mini Pancakes Syrup
Fresh Mixed Fruit
1% Milk

28 Strawberry Cream Cheese Filled Bagel
Fresh Mixed Fruit
1% Milk



January Lunch Menu



Monday

3 Taco Choice
 Salsa, Romaine Lettuce
 Diced Tomatoes
 Canned Fruit bar
 1% Milk

10 Crispy Chicken Nuggets
 Whole Grain Dinner Roll
 Tater Tots
 Cucumber Slices
 Fresh Fruit bar
 1% Milk

17 NO SCHOOL

24 French Toast Sticks
 Sausage Patty
 Breakfast Potatoes
 Baby Carrots
 Fresh Fruit bar
 1% Milk

31 Cheese Bread
 Steamed Green Beans
 Marinara Sauce
 Canned Fruit bar
 1% Milk

Tuesday

4 Crispy Chicken Sandwich
 Potato Wedges
 Celery Sticks
 Fresh Fruit bar
 1% Milk

11 Beef Hotdog on a Bun
 Spicy Pinto Beans
 Baby Carrots
 Canned Fruit bar
 1% Milk

18 Cheese Burger on a Bun
 Baked Beans
 Baby Carrots
 Fresh Fruit bar
 1% Milk

25 Chicken Bites with Sweet
 & Sour Sauce
 Brown Rice
 Mixed Vegetables
 Broccoli Florets
 Canned Fruit bar
 1% Milk

Wednesday

5 Cheese Pizza
 Steamed Broccoli
 Baby Carrots
 Canned Fruit bar
 1% Milk

12 Pasta with Meat Sauce
 Rip Stick Bread Stick
 Steamed Green Beans
 Caesar Side Salad
 Fresh Fruit bar
 1% Milk

19 Crispy Chicken Tenders
 Whole Grain Dinner Roll
 Mashed Potato, Gravy
 Mixed Vegetables
 Canned Fruit bar
 1% Milk

26 Italian Pasta Bake
 Rip Stick Breadstick
 Steamed Green Beans
 Caesar Side Salad
 Fresh Fruit bar
 1% Milk

Thursday

6 Homemade Salisbury Steak
 Ripped Stick Breadstick
 Mashed Potatoes
 Cucumber Slices
 Fresh Fruit bar
 1% Milk

13 Cheese Bread
 Broccoli Cheese Soup
 Marinara Sauce
 Canned Fruit bar
 1% Milk

20 Beefy Nachos w/ Cheese
 Sauce, Salsa
 Romaine Lettuce
 Diced Tomatoes
 Fresh Fruit bar
 1% Milk

27 Taco Choice
 Spicy Pinto Beans
 Salsa
 Canned Fruit bar
 1% Milk

Friday

7 Meatball Sub Choices
 Baked Beans
 Baby Carrots
 Canned Fruit bar
 1% Milk

14 Chicken & Cheese
 Quesadilla
 Salsa
 Roasted Corn
 Fresh Fruit bar
 1% Milk

21 BBQ Rib Sandwich
 Roasted Broccoli
 Cucumber Slices
 Canned Fruit bar
 1% Milk

28 Grilled Cheese
 Sandwich
 Homemade Tomato Soup
 Grapefruit Orange
 Coleslaw
 Fresh Fruit bar
 1% Milk

