

Jackson Charter School Breakfast

September
2021



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30	31	1	2 Jumpstart Kit with Cereal, Crackers and Juice 1% Milk	3 Cinnamon Roll Fresh Fruit 1% Milk
6	7 Plain Bagel Cream Cheese Fresh Fruit 1% Milk	8 Jumpstart Kit with Cereal, Crackers & Juice 1% Milk	9 Mini Eggo Waffles Syrup Fresh Fruit 1% Milk	10 Choice of Cereal Cheese Stick Fresh Fruit 1% Milk
13 Banana Chocolate Loaf Fresh Fruit 1% Milk	14 Choice of Cereal Cheese Stick Fresh Fruit 1% Milk	15 Brekkie Fresh Fruit 1% Milk	16 Plain Bagel Cream Cheese Fresh Fruit 1% Milk	17 Jumpstart Kit with Cereal, Crackers & Juice 1% Milk
20 Jumpstart Kit with Cereal, Crackers & Juice 1% Milk	21 Mini Pancakes Syrup Fresh Fruit 1% Milk	22 Plain Bagel Cream Cheese Fresh Fruit 1% Milk	23 Brekkie Fresh Fruit 1% Milk	24 Blueberry Muffin Fresh Fruit 1% Milk
27 Jumpstart Kit with Cereal, Crackers & Juice 1% Milk	28 Mini Eggo Waffles Syrup Fresh Fruit 1% Milk	29 Choice of Cereal Cheese Stick Fresh Fruit 1% Milk	30 Cinnamon Roll Fresh Fruit 1% Milk	1

INFORMATION

EXTRA INFO

1% milk (white) and Skim Milk (white & chocolate) available daily.
A variety of fresh and canned fruit available daily.
Sunbutter and Jelly, Yogurt, Panther Salad Available daily.

HARVEST OF



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THE MONTH

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Lunch Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30	31	1	2 WELCOME BACK Soft Beef Tacos Black Beans Salsa Pineapple Tidbits Fresh Fruit 1% Milk	3 Cheese Personal Pizza Green Beans Mixed Fruit Fresh Fruit 1% Milk
6 HAPPY LABOR DAY	7 Crispy Chicken Nuggets Steamed Corn Red Peppers Mixed Fruit 1% Milk	8 Pasta with Meatballs & Sauce Steamed Broccoli Fresh Grapes Pineapple Tidbits 1% Milk	9 Mini Corn Dogs Baked Beans Fresh Grapes Applesauce 1% Milk	10 Cheese Personal Pizza Baby Carrots Fresh Fruit Diced Pears 1% Milk
13 Crispy Chicken Tenders BBQ Sauce Steamed Carrots Sliced Peaches Fresh Apple 1% Milk	14 Chicken Tacos Refried Beans Pineapple Tidbits Fresh Fruit 1% Milk	15 Grilled Cheese Sandwich Tater Tots Banana Mixed Fruit 1% Milk	16 Sloppy Joe on a Bun Potato Wedges Fresh Fruit Applesauce 1% Milk	17 Cheese Pizza Steamed Broccoli Fresh Pear Mixed Fruit 1% Milk
20 BBQ Chicken Legs Garlic Breadstick Baked Beans Diced Peaches Fresh Fruit 1% Milk	21 Cheeseburger on Bun Steamed Corn Fresh Pear Mixed Fruit 1% Milk	22 Beefy Nachos w/Cheese Sauce Baby Carrots Fresh Fruit Pineapple Tidbits 1% Milk	23 Popcorn Chicken Bowl Fresh Fruit Applesauce 1% Milk	24 Cheese Pizza Steamed Broccoli Fresh Fruit Diced Pears 1% Milk
27 Pasta with Meat Sauce California Blend Vegetable Diced Peaches Fresh Fruit 1% Milk	28 Chicken Tacos Refried Beans Fresh Grapes Pineapple Tidbits 1% Milk	29 Beef Hotdog on a Bun Tater Tots Fresh Fruit Mixed Fruit 1% Milk	30 Crispy Chicken Sandwich Steamed Corn Fresh Fruit Applesauce 1% Milk	1

INFORMATION

All student meals are FREE!

EXTRA INFO

1% Milk (white) and Skim Milk (white & chocolate) available daily
A variety of fresh and canned fruits available daily
Sunbutter and Jelly, yogurt
Panther Salad Available daily

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